



DISTANCE

3.2 miles 5.14 km c6800 steps



ESTIMATED TIME

Approx 1hrs 15 min



PRAM FRIENDLY

No, this walk is not pram friendly.



DOG FRIENDLY

A lovely dog friendly walk.



DIFFICULTY

Easy walk



REFRESHMENTS

Drop into Costa or Subway Tesco, or various pubs/ cafes in the Hunsbury area.

DOWNLOAD THIS ROUTE TO YOUR PHONE



Follow this route on Alltrails: <u>Here</u> (including GPX files)



Follow this route on RunGoApp <u>Here</u> (Audio prompts)

PHOTO CHALLENGE:

Your challenge, should you choose to accept it is to photograph "fun". Release that inner child and have a go on the swings or the gym equipment. Other challenges are a squirrel and an NHS Frog!





P1. The walk starts at the entrance to Penvale Park (on Penvale Road, East Hunsbury). Park in the nearby streets, then <u>click here</u> for the exact location.



Suggested postcode for parking: NN4 ORD (Thames Road)

1a - And we are off! Walk through the park, over the little bridge then immediately turn left. (Ignore the track through the trees).



1b. Do not exit the park. Turn sharp right and follow the path.



1c. Checkpoint photo: Continue straight.



1d. Checkpoint photo: Join up with the main path, and continue straight.



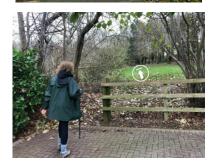
2. Climb the steps, and you will be on Hilldrop Road (there is no road sign). Look towards your left and you will see Grangewood on the opposite side of the road



2a. Cross the main road and walk into Grangewood



2b - Follow the path around to the right.



2c. Go through the car park area and make your way through the little gap at the end of the fence. Walk up the small incline at an 11 o'clock angle until you reach the path.



3. At the path, turn left and head towards the woods. When you get to the woods (this is Grangewood Park), turn right and walk through the woods for approximately 0.1 miles. Note, there are a few paths here, but they all lead to the same destination.



3a. Walk until you can see the bridge and the big fallen tree on your left? The inner child in me always takes the tree to cross to the path beyond, but you may prefer the bridge!



3b. Then turn right and continue heading along the little cobbled trail.



4. As you exit the woods, the cobbled path merges into a tarmac path. Continue straight and head for the memorial benches. This is great place to sit and enjoy a few quiet moments. #LestWeForget If you have time, then check out the play area to your left. Release that inner child.



4a. Take care crossing this busy road. Go through the gap which brings you out into Tesco's car park, but we have no time for shopping today as we have a walk to complete.



4b. Cross the four zebra crossings until you reach the covered walk-way.

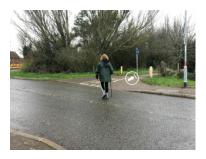


5. Turn left when you reach the walkway. Go past the Tesco click and collect point (on your right side) and head towards the library.



5a Wave to East Hunsbury Library which will be on your left (<u>Click here</u> for more details of the library). Continue straight, passing the church on your right.

You have now walked 1 mile.



5b. You will see Maple Tree Clinic in front of you. Cross over the road (Overslade Close) and head for the yellow bollards opposite. Walk towards the subway. (Be sure to keep to the right side of the walk-way as the left lane is for cyclists and it is used a lot on this section).



5c. You have now walked under the subway. At the junction, keep right.



6. Go up the small incline and keep an eye out for a path on your left just before the second street lamp. It may feel that you are walking back on yourself (see arrow), but don't worry, you are going the right way.



6a. Continue straight along the wooded path. Watch out for rabbit holes!



6b. We are now going to turn left, however you may be interested to read more about Northamptonshire Ironstone Railway Trust (here) which is located at Hunsbury Hill Country Park.



6c. Turn right when you reach the road (and take a minute to read the plaque about Hunsbury Hill Country Park).



7. After a short walk alongside the road, look out for the black litter bin on the other side of the road. Turn left, cross the road and follow the footpath that goes by the litter bin. This little path is quite long. (approx 0.2 miles).



7a. You have now reached Ladybridge Drive. Turn left.



8. Then cross the road and take the small footpath in between the two mock Tudor style houses on the other side of the street.



8a. The footpath takes you into Holbein Gardens. Continue straight. The footpath leads you into the main park (Ladybridge Park) through a gap at the end of the street.



8b. At the red dog poo bin, turn left.



8c. Go over the green bridge, and follow the path around to the left.

You have now walked 2 miles.



9. Turn left and go over the next green bridge.



9a. Follow the path, past the tree stump chair. When you reach the bend to the left, leave the path and continue straight on the track in the grass.



9b. Then turn left when you see the gap.



9c. Veer right, keeping the houses to your left. You are heading for the main road, which takes you over a small hump in the field. Head for the humps at the edge of the field, in the direction of the 30mph sign.



9d. Go over the hump, and down the other side. Alternatively you can walk on the little path in the dip of the two humps!



10. Cross the road. You are heading for the 30 MPH signpost.



10a. At the East Hunsbury "Best Large Village 2019" signpost, cross the road then turn left. You are now walking along Rowtree Road.













10b. Go under the bridge, then just before the bend, cross the road. Follow the cycle path which leads up a small incline.

11. This footpath is a bit difficult to spot, so keep an eye out for the street light on the right, and a dip in the kerb. If you get to Hawksnest, then you've gone too far. When you cross the road, make your way down the steps. These are quite steep and slippery in the wetter months so please be careful.

We are now back in the beautiful Grangewood Park. I hope you have seen a few squirrels by now?

11a. You will reach another litter bin (there are lots of them in the parks - the council do a fabulous job!). Here, carry straight on. **Do not** take the more dominating path to the left.

11b. When you get to the crossroads (with a white/orange gas pipe pole to your right), continue straight.

In a few minutes you will see the dens that the local community have built. Please take a few minutes to have a look and this is also where you will find one of your photo challenges.

11d. Continue straight and exit the woods. This may feel familiar as you were here not that long ago. Continue straight along the path. Stay on the track and not go to exits across the grass. We are not far from the start now.



12. Cross over the road and into the park on the other side.

Nearly home! You have now walked 3 miles!



13. Take the second track to the left. If you are tired then there are many benches to stop for a quick break in this area.



13a. When you reach the wooden bridge, cross over and turn left. You will now recognise the gym equipment, along with your starting point of the walk.



13b. You made it back to the beginning. Well done and we hope you enjoyed your walk today.

If there are any changes that need to be made to this walk, then please let me know. Email: <u>julia@adventuregeek.co.uk</u>

We are trying to get exposure to these walks as much as possible as my mission is to get people outside and explore our beautiful county.

Any type of publicity helps, so if you can spare a few minutes, would you kindly leave a review/ star rating on our Facebook

