



COUNCILLOR MAGGIE ALLEN CHAIRMAN, COMMUNITY **ENGAGEMENT COMMITTEE**

Happy Easter, everyone! And I hope this finds you well and in good spirits - I have to say, since we've seen the lighter evenings, I feel far more positive.

It's hard to believe that a whole year has gone by since our lives were changed so drastically, when we could meet up and chat, have coffee and a bun, and just enjoy being together. But now there is a light at the end of the tunnel – we are being vaccinated, things are looking much brighter, and I'm sure we are all ready for better times ahead!

It has been very strange, not having our coffee mornings and seeing your smiling faces, and we have been doing everything we could think of to let all our Seniors Club members know we are still here and we're still working to keep the group together, in whatever form that may be just now.

The previous newsletter has brought tremendous feedback, with thanks from many of you for the Zoom instructions (myself included!), the clever box-making instructions, those lovely recipes, the Colouring for Calm pictures and pens... it really was a bumper bundle!

East Hunsbury Seniors It's Your Newsletter

- KEEPING OUR CLUB CONNECTED -

I'm sure I'm not the only one who's trying out the Veggie Cornish Briam and the Bakewell Cake. Scrumptious.

The parish council is extremely grateful to Liz, Caroline and our newest addition to the group, Trudi, for all of their hard work during this difficult time, and for keeping things bubbling, whatever the obstacles. Well done, team! Our thanks also go to those members of the community, volunteers and others, who have kept the flag flying – whether that's with litter picking, contributions to the newsletter or anything else.

Hunsbury Rocks has continued to delight everyone with beautiful new rocks to find and then hide, and our Adventure Geek has been planning and mapping a selection of walks around the parish, our crafty folk making poppies and hearts... so many great people pulling together.

During these unusual times, I am so glad to have my dog, Benji, who some of you (and your pooches) have now met on the parks, just so I can get outside and have a leisurely walk round East Hunsbury, breathe some fresh air and enjoy the trees and hedges with buds about to burst forth, and I am always entertained by the birdsong I hear along my route.

Take care, look after yourselves and here's to a beautiful summer.

With my warmest wishes, Take good care - Maggie





EAST HUNSBURY PARISH COUNCIL COMMUNITY **PROJECTS UPDATE**

Hello Seniors Crew.

We continue to work on a variety of projects. which involve all the community, including your good selves. Let me give you an update on where we are:

Seniors Tuesday Coffee Mornings – Plans!

We are all looking forward to when we can meet again and restart our Tuesday meetings.

We have met with the team at the Abbey Centre and can restart meetings with them as soon as the "roadmap" allows.



We may have to host you in smaller groups at first, and we will need some more volunteers to host the sessions.

We will work with the Abbey Centre to ensure that the sessions are run safely. We are also talking with Collingtree Golf Club, looking at options there.

So - we will keep you updated!

Seniors Reps – Volunteers Needed!

We are looking for some more volunteers to go onto a rota to help with our sessions.

- Setting up tables and chairs (you need to be able to lift)
- Making teas and coffees/Washing Up Team (enough said!)
- Meeting and Greeting: check-in desk and welcoming people

If you would like to help – please get in touch with Liz at the office on 01604 708429 or email community@easthunsburyparishcouncil.gov.uk

Get Active Sessions – Tai Chi and Walking! Again, plans are afoot! No pun intended!

Tai Chi Class: you will be emailed or rung by Liz; we are waiting on permissions to restart the sessions in the park, so keep practicing at home!

Senior Strollers – come walk with us!

Pauline Niles has kindly offered to lead our new walking group. A number of



you have already joined! Really simple - a monthly walk, a chance to get fitter and have a natter!

You need to register in order to take part. The first walk is planned for Monday 26 April, meeting at Penvale Park, to walk through the parkland, locally.

The walking meetings will then be the third Monday of the month and we meet at 10.15am for a 10.30am start.

You will receive an email or call, before each walk, to tell you the location, where we are meeting and confirming the time. Pauline will also inform you about the walk and whether it is a flat easy walk and any difficulties there might be, so that you know what type of shoes to wear etc.

Want to join? Please get in touch at the office 01604 708429 or email Trudi at the office to register:

admin@easthunsburyparishcouncil.gov.uk

LET'S GET OUT THERE IN THE SUNSHINE!





East Hunsbury Litter Pickers

Wow – an amazing response to our litter picking plea! We now have 78 families, including many seniors, regularly litter picking in East Hunsbury.

We have also just awarded a grant to Simon de Senlis Primary School, who will be joining in with sessions once lockdown restrictions have been eased.

If you have joined the litter picking crew.... Liz will be in contact with more details.

We have also registered East Hunsbury for The Great British Spring Clean in May and June. Dates to follow –



and you Seniors will be invited to take part. We love a clean East Hunsbury!

School of Life Project

Even though we cannot meet up with our schools, Seniors are still working with our school groups. This month, Maggie and 10 Seniors have linked up with pupils at Wootton Park School - remotely!

They are exchanging ideas, having conversations, sending letters and talking about our different experiences of the last year, for a start.

The school will be using the information and sharing with the school in special assemblies.

As our schools reopen, we will restart our games sessions, cookery skill swaps, and all of the other intergenerational projects.

> More news to follow! More volunteers needed!

Seniors Plant Swap: ANYONE INTERESTED?

Paula on the Reps' Team, is interested in a plant swap. You know how it goes.... you end up with too many



Dahlias and nowhere to plant them!

So, if you are interested in swapping excess plants in May, please get in touch with Trudi at the office and the girls will sort a swap!

Call 01604 708429 or email Trudi to register admin@easthunsburyparishcouncil.gov.uk

That's it for right now – there are lots more projects in the planning stages, but if you have an idea – please also get in touch!

DON'T FORGET – if you would like a regular phone call, our Phone Buddy Crew are here to give you a ring and have a chat. Just let us know.

Thank you to our contributors this time round. Next time we will be meeting another senior...including the quizzes...and giving you lots more information.

Best regards for now. Stay safe! Keep well! Liz Carroll-Wheat, Community Projects EHPC



Looking forward to these great times returning for us all to enjoy being together again.



PARISH COUNCIL ELECTIONS

East Hunsbury Parish Council will hold elections on 6th May 2021. This usually happens every four years but due to changes in local government, and the Coronavirus pandemic, we have not had an election for six years!

The parish council has 12 councillors who represent the views of the residents in East Hunsbury - we want to fill all of these seats with local residents who care about where they live, are passionate about local issues and want to make a difference.

Have you thought about becoming a parish councillor?

No qualifications are needed, but you must be over 18 and on the electoral roll. The council hold meetings every third Tuesday of the month. where planning, highways, parks and open spaces, and all sorts of other things that affect East Hunsbury are discussed.

We have been able to provide grants to local groups and work closely with schools and businesses in East Hunsbury.

Help and training will be provided for new councillors – this is an opportunity for everyone to make a change.

If you'd like to find out more, please get in touch -drop Caroline an email at: clerk@easthunsburyparishcouncil.gov.uk or call 01604 708429 for a chat.

Nomination papers must be submitted by 8th April 2021.

INTRODUCING YOUR NEW **NEIGHBORHOOD POLICE CONSTABLE**

Dear Residents.

My name is Jamie Edwards and I am your new neighborhood police constable.

I have just joined the neighborhood policing team after working for three years on general incident response covering the entirety of Northampton. Prior to joining the police, I worked as a prison officer for several vears and prior to that I worked in the care sector. I joined the police in the hopes



of making a difference and I am passionate about helping people in any way that I can.

I am based out of the Mereway Fire and Police station and cover seven parishes. Collingtree, East and West Hunsbury, Hardingstone, Great Houghton, Wootton and Brackmills.

I am lucky to work alongside three very hard working and able police community support officers who also cover the above seven parishes as well.

I am really looking forward to working in the community going forward. I have a lot of ideas for events that I would like to run in the area and I am also very keen to get involved with community events and to meet as many of you as possible (COVID permitting) in the near future.

My overall aim is to reduce crime and problems within the parishes and to increase community engagement and involvement. To do this effectively I need your help, I am unable to be everywhere at once or to see everything that goes on. So I have included my direct e-mail address on this introduction so that anyone within the community can contact me with information or intelligence they feel they would like to share with the neighborhood policing team. This will then enable me to focus my efforts into any emerging problems and tackle them head on. All information shared will be handled confidentially.

Please note you should report general crime via the usual channels – 999 in an emergency or 101 in a non-emergency.

If you see me or my community support colleagues out and about in the area feel free to stop for a chat anytime, and as I mentioned above I am really looking forward to meeting many of you in the near future.

Kindest Regards, Jamie Edwards PC 1384 Mereway Fire and Police Station Northampton, NN4 8BW jamie.edwards@northants.police.uk

LETS GET QUIZZICAL

Wondering how well you got on with the guizzes from the previous newsletter? You can find out how well you did by looking at the separate attachments! More quizzes will be available in your May newsletter for you to enjoy.



BEE FRIENDLY CAMPAIGN

Would you like to join in our BEE FRIENDLY campaign? We have invested in 100 bee bombs and are inviting people to register to receive one. The bombs contain seeds for the garden and will

help us to be a bee friendly patch here in East Hunsbury.

It is easy to take part - just email us, and the first 100 households will get a bomb of their own! We



just ask that you keep us updated, with a photo of your wildflowers and tell us about your bee visits over the Summer!

Please get in touch at the office 01604 708429 email Trudi at the office to register for your bee bomb!

admin@easthunsburyparishcouncil.gov.uk

GET CRAFTY AND CREATIVE

Knitting Crew Update

A huge thank you to everyone who have been making mini-hats and hearts.

We can stand you down from these projects now! Feedback has



been lovely

and both charities send their thanks.

Age UK will be forwarding the hats on to be sold to raise funds, and the Covid hearts have been used by Northamptonshire Health Trust Charity at the General Hospital. We have also kept some of the hearts, for other yarn bomb projects!





Yarn Bombing in East Hunsbury!

Our next knitting/crochet project is to decorate the library frontage and trees, with rainbows and bees!

So - can you make bees? We have a knitted and crochet pattern. Of maybe you can make them out of recycled materials. We need to hang them in the trees....



OR – can you knit or crochet flowers? We need these as well. Please get in touch if you want to be involved and we can tell you more!

Please email to:

admin@easthunsburyparishcouncil.gov.uk



Finally, you may have noticed the chocolate addition to this mail out - well it is Faster after all!

We are thrilled to let you know that the lovely Manager at Tesco Mereway has very kindly donated these delicious Easter Eggs to you all, so please enjoy, courtesy of Tesco!

YOUR CONTACT DETAILS

As always, if there have been any recent changes to your contact details at all, please do let Trudi know so we can ensure our records are kept up to date for you all. Thank you so much.

OUR CONTACT DETAILS

Here's a reminder of our contact details for you to keep safe and to hand:

Clerk: Mrs Caroline Holgate

Hunsbury Library Overslade Close East Hunsbury Northamptonshire NN4 0RZ

Tel: 01604 708429

Email: clerk@easthunsburyparishcouncil.gov.uk

Community Projects Officer:

Liz Carroll-Wheat

Fmail:

community@easthunsburyparishcouncil.gov.uk

Administration Officer:

Trudi Sadler

Email:

admin@easthunsburyparishcouncil.gov.uk

We hope you have enjoyed reading your newsletter. Please do share any ideas you may have for future Newsletters with Trudi by emailing:

admin@easthunsburyparishcouncil.gov.uk



Issue 3 of your newsletter will be with you in May! Thank you and take good care of vourselves.

HAPPY EASTER TO YOU ALL!



