

# Welcome to East Hunsbury Seniors

**Talks + Coffee & Chat + Friendship + Trips + Activities**  
**The young at heart club for the older community!**



If you would like to take part in any of the activities listed you must be a resident of East Hunsbury, be 65 or over and have signed up with us at one of the sessions or by popping into see us at Hunsbury Library where you will find us at the Parish Office.

**For more info: East Hunsbury Parish Council, Hunsbury Library,  
 Overslade Close, East Hunsbury, NN4 0RZ tel: 01604 708429  
 email: [community@easthunsburyparishcouncil.gov.uk](mailto:community@easthunsburyparishcouncil.gov.uk)**

The club is subsidised by East Hunsbury Parish Council - a voluntary contribution of £1 per session is welcomed, to help with running costs - thank you.

# Our events to look forward to...

Every Thursday	Tai Chi	9.30am - 10am & 10am - 11am	Grangewood Park
Thurs 9th March	West Northants Customer Services Team	1pm - 4pm	Hunsbury Library
Tues 14th March	Seniors Coffee Morning	10.30am - 12.30pm	The Abbey Centre
Weds 22nd March	Petanque Group	10.30am sharp	Abington Park
Tues 28th March	Seniors Coffee Morning	10.30am - 12.30pm	The Abbey Centre
Mon 3rd April	Senior Strollers Walk	Meet 10.15am - set off 10.30am	Location TBC
Wed 5th April	Strictly Seniors Dance Session	2pm - 4pm	The Abbey Centre
Tues 11th April	Seniors Coffee Morning	10.30am - 12.30pm	Collingtree Golf Club
Wed 12th April	Petanque Group	10.30am sharp	Abington Park
Mon 24th April	Senior Strollers Walk	Meet 12.45pm, must pre book	Group Trip
Tues 25th April	Seniors Coffee Morning	10.30am - 12.30pm	The Abbey Centre
Wed 26th April	Petanque Group	10.30am sharp	Abington Park
Tues 9th May	Seniors Coffee Morning	10.30am - 12.30pm	The Abbey Centre
Weds 10th May	Petanque Group	10.30am sharp	Abington Park
Mon 22nd May	Senior Strollers Walk	Meet 10.15am - set off 10.30am	Location TBC
Tues 23rd May	Seniors Coffee Morning	10.30am - 12.30pm	Collingtree Golf Club
Weds 24th May	Petanque Group	10.30am sharp	Abington Park
Weds 31st May	Strictly Seniors Dance Session	2pm - 4pm	The Abbey Centre
Tues 13th June	Seniors Coffee Morning	10.30am - 12.30pm	The Abbey Centre
Mon 26th June	Senior Strollers Walking Group	Meet 10.15am - set off 10.30am	Location TBC
Tues 27th June	Seniors Coffee Morning	10.30am - 12.30pm	The Abbey Centre

## EVEN MORE DATES COMING LATER IN 2023!

Other activities being planned - Craft Sessions, History Group, Astronomy Star Gazers, Chess, Yoga - and projects with our schools.

Some of the sessions on offer may also need to be booked and dates and times subject to change.