

Welcome to East Hunsbury Seniors

Talks + Coffee & Chat + Friendship + Activities
The young at heart club for the older community!



If you would like to take part in any of the activities listed you must be a resident of East Hunsbury, be 65 or over and have signed up with us at one of the sessions or by popping into see us at Hunsbury Library where you will find us at the Parish Office.

**For more info: East Hunsbury Parish Council, Hunsbury Library,
 Overslade Close, East Hunsbury, NN4 0RZ tel: 01604 708429
 email: community@easthunsburyparishcouncil.gov.uk**

The club is subsidised by East Hunsbury Parish Council – charges may apply.

Our events to look forward to...

Every Thurs	Tai Chi	9.30am – 10am and 10am – 11am	Grangewood Park or Abbey Centre
Every Weds	Welcome Wednesday Pop Up Café	10am - 2pm	Hunsbury Library
Weds	Yoga - dates given to attendees	4.15pm - 5.15pm	Blacky More Community Centre
Tues 11th June	Coffee Morning	10.30am - 12.30pm	Abbey Centre (Bingo)
Thurs 20th June	The Big Sing (not just seniors)	12noon - 1pm	Hunsbury Library
Thurs 20th June	Book Club (members)	2.30pm - 3.30pm	Hunsbury Library
Mon 24th June	Senior Strollers (members)	10.15am meet	Shoe Tour TOWN (fully booked)
Tues 25th June	Coffee Morning	10.30am - 12.30pm	Collingtree Golf Club (coffee chat)
Tues 9th July	Coffee Morning	10.30am - 12.30pm	Abbey Centre (Speaker)
Weds 17th July	Strictly Seniors	2pm - 4pm	Abbey Centre
Thurs 18th July	The Big Sing (not just seniors)	12noon - 1pm	Hunsbury Library
Thurs 18th July	Book Club (members)	2.30pm - 3.30pm	Hunsbury Library
Mon 22nd July	Senior Strollers (members)	10.15am meet	Summer Leys and Boathouse lunch
Tues 23rd July	Coffee Morning	10.30am - 12.30pm	Abbey Centre (Holiday session)
Weds 7th Aug	Pétanque Group	10.30am sharp	Abington Park
Weds 21st Aug	Pétanque Group	10.30am sharp	Abington Park
Thurs 22nd Aug	Book Club (members)	2.30pm - 3.30pm	Hunsbury Library
Weds 4th Sept	Pétanque Group	10.30am sharp	Abington Park
Tues 10th Sept	Coffee Morning	10.30am - 12.30pm	Collingtree Golf Club (coffee chat)
Weds 11th Sept	Pétanque Group	10.30am sharp	Abington Park
Weds 18th Sept	Strictly Seniors	2pm - 4pm	Abbey Centre
Thurs 19th Sept	The Big Sing (not just seniors)	12noon - 1pm	Hunsbury Library
Thurs 19th Sept	Book Club (members)	2.30pm - 3.30pm	Hunsbury Library
Mon 23rd Sept	Senior Strollers (members)	10.15am meet	Delpare Tour (must book)
Tues 24th Sept	Coffee Morning	10.30am - 12.30pm	Abbey Centre (Police Cyber info)
Weds 25th Sept	Pétanque Group	10.30am sharp	Abington Park
Tues 8th Oct	Coffee Morning	10.30am - 12.30pm	Abbey Centre (Music Quiz)
Weds 9th Oct	Pétanque Group	10.30am sharp	Abington Park
Thurs 17th Oct	The Big Sing (not just seniors)	12noon - 1pm	Hunsbury Library
Oct date tbc	Book Club (members)	2.30pm - 3.30pm	Hunsbury Library
Tues 22nd Oct	Coffee Morning	10.30am - 12.30pm	Collingtree Golf Club (coffee chat)
Weds 23rd Oct	Pétanque Group	10.30am sharp	Abington Park
Mon 28th Oct	Senior Strollers (members)	10.15am meet	Location tbc
Tues 12th Nov	Coffee Morning	10.30am - 12.30pm	Abbey Centre (Remembrance talk)

For Yoga, Star Gazers, History, Art sessions - leaders will contact participants.

If you are interested in these particular sessions and are not registered - please contact the office to check availability of spaces.

Sessions on offer may need to be booked and dates and times are subject to change, charges may apply.